WHERE FRIENDS ARE **FAMILY**

Friendship Place 220 N. Commercial St. Neenah, WI. 54956

Mission Statement

The purpose of Friendship Place is to provide people with mental illness a safe, caring and stable environment for socialization, recreation, friendship, peer support, education and fellowship.

Yes, I would like to be a friend of

friendship Place

Enclosed is my tax deductible Contribution of: _\$5.00 _\$10.00 _\$25.00 _\$50.00 _\$100.00

We appreciate your helping others gain their independence. God Bless You!

Issue 5 **Spring 2005**



FAMILY

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FIRST RECOGNITION BANQUET

The banquet turned out great. It was held at Sky Club East in Neenah on February 24. About 75 people attended the banquet. We had a wonderful family style dinner that was served by two people. During the dinner there was a slide show that lasted about eight minutes. The banquet took about six months to plan. The greatest thing of all was getting together with friends that are like family.

The participants, volunteers, staff, and board members that attended the banquet received an award for their involvement.

A special thank you to all that donated something and/or time to get this banquet done! Jimmy Schneider



SELF-ESTEEM GROUP FOR WOMEN

We have recently formed a new support group. Brooke Vanevenhoven and Sherah Sroka run it and they are from Clinical Services.

Some of the things the group will be discussing are: How to say no; Setting boundaries; Body image; and Feeling comfortable in social settings. Other various topics that we feel are important to us as women will be discussed. The need to talk about good and bad experiences that happen in life will also take place.

Kathy Ann

FISHING

For me, fishing is wonderful! Besides feeding my friends and me, it is one way for me to relax. However, can only go when

someone takes me. Trout and Walleye are my favorite fish I like to catch. The bait that I like to use most is "WORMS."

Kerry B.

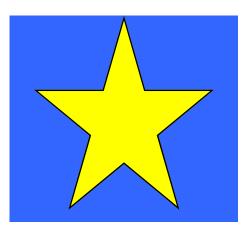
WINTER 2004 -2005 CONTRIBUTIONS

December 2004

Ken & Jan Brusda Mary S. Thrivent Jean Seager Sue Carpenter Hazel Kane Joseph Bachman

Winter 2005

U.S. Oil/Schmidt Family Foundation Robert Swayne John & Peg Galloway Ted Galloway Frank Heckrodt Mr. & Mrs. Darwin Bork R. Ganzer Presto Products Roy Vandenberg Prudential Dave & Kathy DeBruin Ron & Karen Rademacher Malcolm Hjerstedt Jim & Gail Cummings Jim & Mary Travis Ric Van Sistine Rachel Guevara Michelle Blocker Ada Hall & Mike Burnes Terry & Ruth Tessier George Mueller Anonymous Donors



"YOU'RE A STAR"

A great incentive and reward program recently celebrated its debut at Friendship! "Star Coins" are awarded for participants who successfully reach new milestones. "Stars" are awarded for completing our Wellness Course; For being an active "Club 10" member; For volunteering to clean or assist staff; For being a member of our "Creative Writing" Group.

Stars can be redeemed for a "Day at the Lake;" an overnight fishing trip; And a Door County campout. As well, Stars can be used to purchase raffle tickets or to bid on new donated items—from electronics to dinner certificates.

You can help by donating New Electronics, Sports, and Clothing Items or Gift Certificates.

Dennis Jansen

OUR NEW PARTNERSHIP

We're so excited we can

Resource Center is part-

hardly stand it! Wisconsin

nering with us to create and publish original works of art, from paintings to pottery to ceramics; as well as original poetry and creative writings. WRC, as it is known, is for persons who have committed a crime and who also have a mental illness. We are working together to learn from each other, to share talents, and to jointly create a hardcover original book of poems supplemented with original prints. We are also planning to create pottery and ceramics items. What a great way for their incarcerated people to find a sense of purpose, and what a way for FP participants to uncover and develop their writing and art skills. We are also planning to establish a small retail area at Friendship Place to market our original creations! What an opportunity to see how valuable each of us really is,

and how we each have a special talent and purpose.

"IN THE STAFF SPOTLIGHT"

Candy Luedtke has worked at Friendship Place for 17 years. When the current building was purchased in 1991, the hours were expanded and she became a regular staff person. After the retirement of the director, Hazel Kane, Candy and co-worker Julie Grondahl directed Friendship for five years.

As Friendship Place grew the need for an Executive Director evolved, and Candy is now an assistant to the Director. Candy states that the growth and new programs are an asset to Friendship Place.

Some personal stuff you might want to know about Candy are: she's been married to her husband Jim for 37 years. They have two children Tricia and Jeff and four grandchildren, which she adores.

Her favorite food is Chinese; her favorite color is rosy pink; and also in their family is a poodle who's name is Trooper.

Candy also says she likes her

friendships she has acquired through Friendship Place. Denise V. Walber

CREATIVE SHOPPING AND COOKING CLASS

Low budget? Want to find a way to lose those extra pounds? Or do you just want to learn how to cook healthier? Well, if you said yes to either of these questions do I have a class for you to try.

The class I'm talking about is our new Creative Shopping and Cooking Class. In this class you'll learn how to shop wisely for bargains or just for lower price items so it will help out your pocketbook. This class will also teach you a healthier way to prepare and cook foods. It teaches you how to lower fat in certain dishes that you prepare. So overall, you end up with a healthier, lower cost meal. This class is held right at Friendship Place and is taught by Julie Grondahl and Candy Luedtke.

So if these ideas sound

good to you. Come and start cooking with us today!

(Refer to our calendars for dates and times)

Denise V. Walber

WISH LIST

Heavy-duty vacuum cleaner with attachments Sugar-free Snacks ** Fresh Fruit ** **Art Supplies** Volunteers Pool Sticks Popcorn Machine with supplies Stamps ** Styrofoam Cups ** Fishing Equipment * Dinner Certificates * New Electronic Items * New Clothing Items * \$1 to \$5 Prizes Hot Dogs and Buns **

* "You're A Star" program
Prizes

** Always Need



ISSUE 5 Page

POETRY CORNER

They Don't Really Know What It's Like David Langner

They say they understand, I say no way. They say they know what it's like.

I say there's no way. I say they don't live my life They don't think my thoughts,

So how can they understand? And know what it's like. But in the end who really cares?

my life So they'll never really know What's it's like.

They'll never spend a day in

RECOGNITION **AWARDS**

At our First Annual Banquet, we awarded board members. staff, volunteers, and participants with a "Friendship Place The following participants Recognition Certificate." Board members were: Dennis Faithful to Friendship Place: Jansen, Jim Travis, Dr. Ada Hall, Sue Rae Miller, Ric Van Sistine, Hazel Kane (Founder), and Malcolm Hjerstedt.



Dr. Ada Hall receiving an award from David Langner.

Staff members were: Dennis Jansen, Julie Grondahl, Candy Luedtke, Leah Schwartz, Dan Carroll, Dan Paynter, and Sue Carpenter.



Volunteers were: Bill Falck. Dr. Ada Hall, Mike Burnes, Hazel Kane, and Kara Patterson.

were awarded for being Danielle Newton, April Blair, Alexis, Jay P., Justin H., Matt W., Shaun P., Dennis S., Douglas F. Jennifer R., Lenny W., Wendy W.

The following participants were awarded special certificates for their talents: Dan Paynter-Best Harmonica Player, Andy Olson-Best Pool Player, Sandy Pharis-Best Listener, Joe Marinen-Best Goatee, Ruea Marinen-Quietest Female, Sue Ellis-Most Talkative, David Languer-Most Scientific, Marge Wanty-Best Cat Lover, Ruth-Mickey's Best Friend, Russell Schreiber-Best Crazy Eight Player, Delores Buss-Best Smile, Kathy Mielke-Best Rummage Saler, Kevin Meyer-Best Dart Player, Kerry B.-Best D. J., Jimmy Schneider-Tiniest Handwriting, Denise V. Walber-Best Musical Voice, Maggie Wentzel-Most Growth, Jean Seager-Best Chauffer, Tom Klein-Oldest Car, Gloria DuFay-Most Weight Loss.

Jimmy Schneider

FRIENDS OF FRIENDSHIP PLACE Page 4

REGULAR MONTHLY **ACTIVITIES**

CLUB 10--every other

Thursday BOWLING--every other Wednesday BINGO--twice a month CRAFTS--every other Friday KARAOKE—once a month WORSHIP & PIZZA—once a month POETRY & CREATIVE WRITING—twice a month KARA'S DISCUSSION GROUPevery other Tuesday night BIRTHDAYS OF THE MONTH—once a month WOMENS SELF-ESTEEM SUPPORT GROUP—twice a week INTERNATIONAL DININGonce a month MOVIE NIGHT--twice a month CREATIVE SHOPPING & COOKING CLASS—twice a month FAMILY DAY/NIGHT—twice a month RANDOM ACT OF KINDNESS once a month



Dennis greeting banquet guests.



Banquet cake from Copps Bakery.

Banquet Guests enjoying the Family Style Meal.



Thanks to all the participants, volunteers, and staff members that helped get this newsletter done