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Winnebago County Board Hearing for Health and Human Services

Six people from Friendship Place gave testimonies. There was favorable reception from Board Members.

Winnebago County now helps us at Friendship Place with \$10,000 annually. We hope that they recognize the value of Friendship Place and will continue funding.

The following is one of the testimonies given:

"My name is Jackie. I really appreciate Friendship Place for being there when I need them. It's a safe haven where I can go and be comfortable. I don't know what I would do if Friendship Place ever closed.

I have learned a lot in the Creative Cooking Class. I'm a diabetic and have found there are ways to eat healthier.

The activities offered are some that I probably wouldn't be able to do such as art class, going on a hike, trip to the beach, and joining in on dining out."



WHAT RELAXES YOU?

Relaxation is very important to me. As someone who has been diagnosed with a bipolar disorder, I need to distress everyday. The things that help me are plastic canvas needlepoint. Right now I am making a Christmas Village. I also paint on tapestry and am now teaching myself how to crochet. I'm also an avid reader. I read from five to ten books a week. Puzzles are not only relaxing but they help to improve the memory. My favorite puzzle is "Brick by Brick." My cat Katie helps, too. Just petting her and playing with her is fun. She does make me laugh especially when she's catching flies.

The most important relaxation to me is praying and reading the Bible. Praying to Jesus has helped me!

By April Blair



In the front are Linda, Dennis, and Lori.



Waiting to start is Julie, Butch, Jerry, and Dan.



Some of the people that walked for Friendship are in the picture as follows: Jerry, April, Dan, Dave in back, Julie, Denise, Amber, Dennis, Judi, Butch in back, Linda, Lori is kneeling, and Ruth is lying down.

THE HUMAN RACE

The race was held at the Thrivent Financial Grounds in Appleton, on May 14, 2005. It was a beautiful day for a walk. They also served food and beverages for the people walking.

About \$41,000 was raised totally by all the non-profit agencies. Friendship Place raised over \$4,000 and placed third in the amount raised by one agency.

Friendship had fifteen people in the walk. They are Denise, Jerry, Julie, Butch, April, Dave, Amber, Dan, Ruth, Linda, Lori, Sue, Leah, Dennis and his wife Judi.

The other eight people that raised money for Friendship were: Jimmy, Maggie, Jean, Candy, John, Terry, Rick, and Jim.

By Jimmy

" THANK YOU MALCOLM!"

This is to give extra thanks for donating your time, skills, and supplies for printing this newsletter. Without your help this might not be possible.

THANK YOU FROM
"FRIENDSHIP PLACE"



"CLUB 10"

This club helps its members to live on a monthly budget. We have to use the envelope system and need to try to have a savings account.

We learn that we need to put money towards things like: vacation, clothing, personal items, medical needs, car fund, and house or apartment items. The list is endless. We also learned how to use a tracker sheet. This helps us learn where our money goes. On this sheet one puts down where every penny you spend and how it is spent. Things like: lottery tickets, soda, food, dining out, snacks in or out, and pet care items. Again, the list is up to you to decide what you want on it. By using the tracker sheet first you are able to decide what amounts to put in your envelopes and a put-in-take savings account.

By Jean Seager

JULIE GRONDAHL "IN THE STAFF SPOTLIGHT"

Julie Grondahl has worked at Friendship Place for seventeen years.

The hours were expanded and she became a regular staff person. After the retirement of Hazel Kane, Julie, and co-worker Candy Luedtke directed Friendship Place for five years.

As Friendship Place grew, an executive director was hired. Julie is now an assistant to the director. Julie feels Friendship has come a long way from when it first started. She says more and more programs and activities are offered and well received.

Some personal things you might like to know about Julie are: she's been married for 39 years to her husband Butch. They have two sons, Kevin and Chad, and a grandson Drew who's four and a half years old and loved by his grandparents very much.

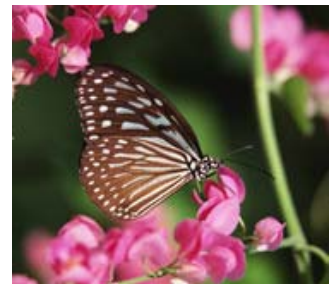
Her favorite foods are Chinese, Steak, and Lobster. Her favorite color is blue. And also in her family is

Tickers the family cat.

Julie says Friendship Place means a lot to her. She's made many friendships here.

She says when she leaves Friendship Place she feels good knowing that she may have helped someone through her day.

By Denise V. Walber



1000 ISLANDS NATURE HIKE

We arrived at 1000 Islands in Kaukauna and enjoyed a picnic lunch. We liked listening to the birds while we were eating our lunch. We started on our hike and saw a huge Eagle's Nest. We stopped and talked to a fisherman and watched a man put his canoe into the water. Half way around, Maggie took our picture around some beautiful flowers. If my aunts were on this earth, they would have enjoyed this beautiful display of flowers.

By Ruth

POETRY CORNER

"OUR SPECIAL FRIEND" OF FRIENDSHIP PLACE

Like a father, a friend or a brother, he's many things to us.

Caring, kind, and generous always willing to lend an ear.

He came to us three years ago. He warmed our hearts and opened our eyes to how to accept others no matter what walk of life they may come from.

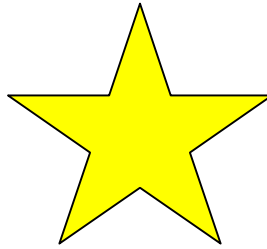
He brought with him so many wise and caring words that we think about yet today.

Now this dear friend is going through some hard times, but still he finds a way to laugh and smiles through it all.

He's a person that's full of life, that he can turn any frown upside down.


He may be shorter than you. Who knows but he's definitely a person to look up to.

By Denise V. Walber



"STARS" PROGRAM NEWS!

Our "Stars" program involves earning "Stars" for volunteering, cleaning bathrooms, completing one of our educational courses such as our "Value Shopping and Cooking" course or being involved in "Club 10", our budgeting course.

We've had several items donated for our "Stars" auction in August. People can spend earned "stars" to bid on items such as: CD Boom Box,  CD player, George Foreman Grill, Cordless Phone, In-line Skates, and Gift Certificates.

We are looking for more NEW items so we can also have a DRAWING. (People will be able to purchase tickets with earned stars.) Please help by contacting retailers or friends who may be willing to donate New Items.

THE PRESIDENT'S CORNER

Hello, everybody! This is your Friendship Activities Committee President. I am doing well. If anybody has ideas for activities or something they want to do, please talk to me. Hope everybody had a great Fourth of July.

By Dave Langner

MAKE A DIFFERENCE

The past is gone; the future isn't here yet. What can I do today to make a difference? What about a "Random Act of Kindness"?

Brighten someone else's day and you brighten your own.

The day presents many opportunities. What are some you see today? While you are busy doing something for others, you forget your problems. When you forget your problems, you relax and because you're relaxed the solutions often come to your problems. So, you both benefit from your "Random Acts of Kindness."

Yes the day is here. "What a difference today makes."

By Leah Schwartz

2005 DONORS
JANUARY TO JUNE

John and Peg Galloway
Mr. & Mrs. Darwin Bork
Frank Heckrodt
Prudential
Ron & Karen Rademacher
Ric & Becky Van Sistine
Roy & Sharee Vandenberg
Charles & Roberta Capperso
Lori West
AL & Elaine Lamers
Irene Schaper
Prospera Credit Union
Rog & Dee McClain
Jim & Gail Cummings
Ron & Joan Strebel
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Tom & Mary Jo Widener
Mark & Kelly Keating
Alcon Laboratories
Doug & Donna Langner
Nancy Morell
Walter & Gracia Drew
Don & Jean Koskinen
Antoinette Daugherity
U.S. Oil & Schmidt Family
Alcoa / Presto Products
Doug & Tina Dieterich
Ron & Donna Diermeier
Dennis Van Daalwyk
Maung & Rosemarie Win

And the hundreds who helped us in the HUMAN RACE by donating over \$4,000.00!!

Thanks to all the
"Friends of Friendship
Place"

THANK YOU
FRIENDSHIP PLACE
BOARD MEMBERS

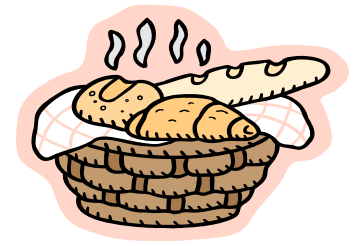
This is to give thanks and acknowledgement to the board members for their time and help to FRIENDSHIP PLACE. They are as follows:

Doug Dieterich
Malcolm Hjerstedt
Robert Paynter
Dr. Ada Hall
Rev. Nancy Krueger
Jim Rudd
Connie Kafura
Rev. Chris Schwab
Terry Tessier
Richard Galloway
Sue Rae Miller, R.N.
Jim Travis
Ric Van Sistine
Lt. Howard Fuerst
Brenda Cross
Dennis Jansen
Kara Patterson
Lynn Erickson

ACTIVITY UPDATES

**"The Self- Esteem group
for Women"**

The group turned out to be very successful. The last meeting was held near the end of May. We had a pizza party at Sammy's Pizza in Neenah.



"International Food Club"
Is once a month. We have eaten at places like Asian Gardens, Thai Food, Golden Corral, and Sergio's. It is a real yum-yum treat to discover new foods.



"Bowling"

Is held twice a month. We bowl at Sabre Lanes. We all have a good time improving our skills.



**"The Creative Shopping
and Cooking Class"**

This class is turning out to be beneficial to the participants involved.



"Movie Night"

Is held every other Tuesday night. A group of us go to the Valley Fair Mall Theaters with transportation provided by Friendship Place. If it wasn't for Friendship Place a lot of us might not be able to enjoy the movies and spending time with friends.

We also have 2 volunteers, Mike & Ada, who bring in a dinner meal on the second Wednesday and a lunch on the third Wednesday. Mike does all the cooking. Thanks Mike & Ada, you're a blessing.

By Jean and April

HUMAN RACE PARTICIPANTS ARE REAL WINNERS

The Friendship Place participants are also winners. The first place winner April Blair wins a dinner for two at Michaels with a limo ride from R & B Taxi and Limo Service Company. Second place

winner Dave Langner and third place winner Ruth S. win their choice of PAC or Wiedner or a Resch Center Ticket.

UPCOMING ACTIVITIES

BEACH PARTY at TWO RIVERS

Splish, Splash, boy what fun the participants at Friendship Place are going to have at the "Beach Party." I think we are going to have tons of fun.

"LIKE CATCH A WAVE DUDE! PARTY ON!"

The participants of this activity will be leaving for the beach in Two Rivers around 10:00 a.m. Our



plan is just to go out there and have a good time, eat lunch (bag or McDonald's) and swim, splash, play, and maybe catch some rays.

By Denise V. Walber

PUDGY PIE SUPPER

Eat, chomp, chomp, that's what the whole idea is for Friendship Place's Pudgy Pie

Supper. This is a different and yummy kind of meal. There are choices between Rubens, Ham and Cheese, and Pizza Pudgy Pies. How do you make them you ask? Butter two pieces of bread (on one side), put one piece on one of the sandwich irons, add your fixins, and plop your other piece of bread (butter side up). Close sandwich iron together and roast over an open fire.

Sound good? Well believe it is. My



favorite is the Ruben.

Not full yet? That's okay! Because there even are dessert pudgy pies. You make them about the same way but instead we use pie fillings like cherry or apple.

Getting Hungry Yet? Then you have to try Pudgy Pies. They're the greatest!

By Denise V. Walber

HOUSE ON THE ROCK

What do you think of when you hear about a place called, "House on the Rock?" Many of us here aren't sure. So on August

11, 2005 "CLUB 10" will find out. We will be leaving at 8:00 a.m. for a tour of this special place. Friendship Place is supplying a box lunch and transportation.

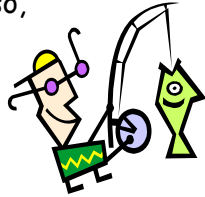
This will be another interesting and educational adventure.

By April Blair

HUMAN RACE PONTOON RIDE



We are all champions here, so as part of our incentive for raising money, our director Dennis Jansen is taking us to his place, up north, for a pontoon ride. Fun and food will be on the schedule for the day. Also, fishing and singing around a campfire at night.



Thanks to all those that raised money for "Friendship Place."

REGULAR MONTHLY ACTIVITIES

CLUB 10—every other
Thursday

BOWLING—every other
Wednesday

BINGO—twice a month

ART W/TERRY—every other
Friday

KARAOKE—once a month

WORSHIP & PIZZA—once a
month

**POETRY & CREATIVE
WRITING**—every other

Tuesday

KARA'S DISCUSSION

GROUP—every other Tuesday
night

**BIRTHDAYS OF THE
MONTH**—once a month

INTERNATIONAL

DINING—once a month

MOVIE NIGHT—every other
Tuesday night

**CREATIVE SHOPPING &
COOKING CLASS**—once a
month

FAMILY DAY/NIGHT--twice
a month

**RANDOM ACTS OF
KINDNESS**--once a month

SHEEPSHEAD—every
Tuesday afternoon

CLUB 10—every other
Thursday

NEW HOPE GROUP—every
Thursday afternoon

WISH LIST

Heavy-duty vacuum cleaner
with attachments

Sugar-free Snacks**

Fresh Fruit**

Art Supplies

Volunteers

Pool Sticks

Popcorn Machine with
Supplies

Stamps**

Styrofoam Cups**

Fishing Equipment*

Dinner Certificates*

New Electronic Items*

New Clothing Items*

\$1 to \$5 Prizes

Hot Dogs and Buns**

* "You're A Star" Program

** Always Need

NOTE FROM JEAN, EDITOR

I would like to thank April, Denise, Ruth, Leah, Dave, and Jimmy for their time and participation in getting this newsletter out.

**Special thanks to
Malcolm Hjerstedt and
Munroe Studios for
donating the printing of
this newsletter!**

However, as important are the people that do take time out to read this and their support in keeping "Friendship Place" open for us to use and enjoy.

One more thing! I am very happy to see Dennis, our Director at Friendship Place getting stronger everyday. The place wouldn't be the same without him here.

**"THANK YOU
EVERYONE"**

WHERE FRIENDS ARE
FAMILY

Friendship Place
220 N. Commercial St.
Neenah, WI 54956

Mission Statement

The purpose of Friendship Place is to provide people with mental illness a safe, caring and stable environment for socialization, recreation, friendship, peer support, education and fellowship.

Yes, I would like to be a friend of

Friendship Place

Enclosed is my tax deductible Contribution of:

\$5.00 \$10.00 \$25.00 \$50.00 \$100.00

We appreciate your helping others gain their independence. God Bless You!