

Friends of Friendship Place

WINTER 2016

Friendship Place Endowment Fund

What is an endowment fund? An endowment fund is an investment fund established by a foundation that makes consistent withdrawals from invested capital. The capital in endowment funds, often used by universities, nonprofit organizations, churches and hospitals, is generally utilized for specific needs or to further a company's operating process. Endowment funds are typically funded entirely by donations that are deductible for the donors.

Friendship Place has established a future charitable fund within the Community Foundation for the Fox Valley Region, Inc. The Fund will remain a future fund until such time as it reaches or exceeds \$10,000 in value, at which time it will be considered a permanent endowment fund.

The fund was established for the purpose of supporting Friendship Place's future. As charitable giving becomes more difficult to secure, Friendship Place Board of Directors believed it important to establish an endowment fund to protect the future success of Friendship Place. This fund will ensure that Friendship Place continues to be financially secure for generations to come! Individuals can make contributions of any amount to the fund.

If you are interested in making a contribution to the fund, please contact Kelly Randerson at the Community Foundation at (920) 702-7633 or kranderson@cffoxvalley.org

Thank you to all of you that help make Friendship Place a success!

Sincerely, Lori L. Hill Executive Director



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Thank You



Friendship Place 2016 Snapshot

For this newsletter, we asked our members to contribute short articles describing which programs and activities they have enjoyed in the last year. We chose to feature one activity from each month to give you a glimpse of a year at Friendship Place!

In January, we had a movie day and watched Inside Out. The movie did a great job of showing all of the emotions we have and how they affect our moods- especially depression and anxiety. Afterwards, we made our own "memory balls". We wrote down happy or positive memories and put them inside of an egg so that when we're having a bad day, we can reflect on those happy memories to help get us through it. I keep mine in my car and pull it out when having a hard time. – Cathy S.





Drum Circle- wow! You can drum away your stress, become one with the group and discover the sense of rhythm you never knew you had. Oh, and by the way, you can also have a lot of fun! Our facilitator, Robin Cardell, brings enough drums and percussion instruments to give everyone a chance to try different things and see what feels right for them. Sometimes we can even talk our fearless leaders at Friendship Place into joining us! The only bad thing about drum circle is that the hour goes by too fast! – Robin P.



Every month on the last Wednesday we help serve lunch at St. Thomas' Community Table. I like being able to help out in the community and seeing the gratitude on everyone's faces really brightens my day. I also love just sitting and conversing with all the different people there. - Claire P.

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Every year in May we do a fundraiser called The Human Race. We get pledges from people in the community and then we all do a 1 or 3 mile walk together. With the money that we raise, we get to decide what types of programming at Friendship Place that it should be used for. I have participated in Human Race for many years. It's a healthy activity and a really fun day to get to be with friends, family and even pets! -Melissa W.





This summer we had the opportunity to go to Bay Beach for Free Fun Things. The weather cooperated and we had a beautiful day! We went on many amusement rides and enjoyed sitting in the sunshine and watching the waves come in off the bay. Some of us also walked through the nature preserve. The trip was a lot of fun and gave us a good opportunity socialize with my peers! -Kris F.



I have been attending watercolor painting class at Friendship Place for about a year and have completed 3 paintings. I feel so proud every time I look at them hanging on my walls, not because of how they turned out, but because I set a goal to get out of the house, be there for class, and I accomplished it. When I look at the paintings, I see my courage and strength to overcome my fears and anxiety of being in social situations. Attending this class at Friendship Place has led me to build on that strength so that I am now much more active, am able to leave the house every day and am more confident socially. The class is fun with Jeff as an amazing instructor and it has been great learning to paint. I have found that the real value has been the opportunity to be in an environment with people working through similar struggles while doing a fun activity. It was been an effective part of working through my therapeutic goals. –Rebecca

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In July, Friendship Place invited Neenah's mayor, Dean Kaufert, to come in and have coffee along with a Q & A session about his job and the city. His passion for the city of Neenah and excitement regarding upcoming developments was infectious! Mayor Kaufert discussed how current events (such as the unfortunate incident at Eagle Nation Cycles) and safety issues (such as the dangerous Oak Ridge Rd and CB intersection) are handled and rectified. It was helpful to understand the degree to which the city goes to prioritizing and resolving the issues which are important to Neenah's residents. Mayor Kaufert encouraged us to bring positive comments and our concerns to him personally as he would enjoy meeting and talking to us about them. Thanks you Mayor for making time for coffee at Friendship Place! - Beth W.

I enjoyed the time we spent doing Pudgie Pies at O'Hauser Park in September. We all had such a good time and the weather was perfect! Making Pudgie Pies was a fairly new experience for me. I'm glad to have spent the day with friends I wouldn't have made without Friendship Place.

-Pete L.





I look forward to our Let's be Thankful celebration every year! We get to have a full Thanksgiving meal with our friends at Friendship Place and talk about the things we are grateful for. The food was really great and there is always plenty! I am thankful to have enough to eat and friends to spend the holiday with. –Barb D.







On October 27th, we had our Halloween Party here at Friendship Place. At this year's party, I won the best male costume trophy. I was so happy that my eyes watered, because I have never in my life won anything! There was a lot of fun games to play, great prizes to win and a lot of good people to spend the night with! -Kenny K.

I really enjoyed participating in the Eat Well For Less activities. They helped to broaden my cooking options. I would never have tried to make a recipe that had chicken and a rice/pea side on my own since those foods seem complicated to prepare and aren't foods that I like very much. However, by making the meal with staff and peers at Friendship Place I learned preparing these foods isn't all that difficult and I like the taste of the end result! I have since been able to replicate the recipe at home. – Natalie B.

I love doing craft projects at Friendship Place. One that was especially meaningful to me was our snowman projects for the local nursing home residents. It feels great to be able to share my joy of doing this craft with the residents who will truly appreciate them. It was a lot of fun and is sure to bring them some holiday cheer! -Roxanne S.







THANK YOU! THANK YOU! THANK YOU!

Friendship Place would like to take the time to recognize those whose contributions have helped to make everything we do possible! We thank you for believing in our mission, our programming and the members we serve. You are directly impacting the lives of hundreds of individuals in your own community and without you, Friendship Place would not exist!

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