

# **Friends of Friendship Place**

#### WINTER 2018

## A Year of Change

Season's Greetings! 2018 brought a year of changes near and far: The Pyeongchang Games marked the first time South Korea has hosted the winter Olympics, the first American since 1937 joined the Royal Family in the wedding of Prince Harry & Meghan Markle, Wisconsin elected a new Governor and our beloved Green Bay Packers are in the hunt for a new coach. Some big changes also came to 220 N. Commercial Street this year! Read on to learn more about the logistical and physical changes that came to Friendship Place and see what activities our members have been enjoying!

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# Our New Logo!

Did you notice something missing from the front of the newsletter? If you look again, you'll see our classic black and white logo depicting a person reaching for a star is no longer there. While that image has represented Friendship Place for the last 13 years, we felt it was time to develop something that more accurately represented FP and the services we provide.

With the help of Graphic Designer, Angie Ceranski, the rebranding process began in early 2018. We started by explaining what FP is, how we operate daily, and how we function within the community. Angie then presented several different concepts to us which were reviewed by staff and voted on by the board of directors and members of FP. In order to select something that best represented FP entirely, we felt it was important to involve the individuals we directly serve, the staff working for the organization, and the community members who oversee operations. All of the feedback was compiled and through several more meetings with Angie, everyone agreed upon the following image:

Friendship

Where mental health & living well unite

First and foremost, Friendship Place exists to help our members, which is why it was important to include the imagery of people. Also, mental health can feel very isolating and as a reminder that our members are never alone in their journey, we chose to include two people verses the one person on our old logo. A lot of our members struggle with leaving their homes and often tell us that the programming and socialization at Friendship Place gives them motivation to do so. Another new addition to our logo was a tagline and it's amazing how long those 7 words took to put together! It was quite the challenge to encompass everything that Friendship Place stands for and what we want the greater community to know about us in such few words, but at the end of the day Friendship Place aims to help our members live well with their mental health every single day. This combining of mental health and living well is echoed in the two joining circles which makeup the backdrop of the new logo.



# Parking Lot Adventures

Some of you may remember our last big construction project in 2010 when we remodeled the interior of Friendship Place. This summer it was time to give the exterior a little TLC and we got a new parking lot! This project was little bit smaller than the last, but just as important! The repaving has provided us more square footage which will be a welcome change for the summer events we hold in the parking lot. The surface was also evened out, making it much safer for our members utilizing the back entrance to our building. This project provided an entire week of entertainment and we really enjoyed being able to watch the process up-close and personal!









- \* Colored Pencils
- \* Thin Markers
- \* Colored Sharpies
- \* New Decks of Cards
- \* New Board Games
- \* Masking Tape
- \* Staples

## Holiday Wish List

- \* Colored Copier Paper
- \* Colored Cardstock
- \* Small Notepads
- \* Postage Stamps
- \* Gas Cards
- Grocery Store Gift Cards (Festival Foods or Aldis)

- \* Coffee (ground)
- Cleaning supplies
  (bathroom, kitchen, floors)
- \* Hygiene products
- \* Carpet cleaning services

# 2018 Programs & Activities

## Carnival



This Spring Friendship Place closed for a day of regular programming and opened up our very own carnival! Members participated in ski-ball, balloon pop, ring toss, duck pond and even the fish bowl game! They had a chance to earn tickets, win prizes, take photo booth pictures and snack on the classic carnival fare. We had a beautiful day outside and it was a great reminder that we need to be able to laugh and have fun, even during difficult times!





## CCS

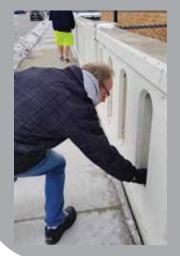
In 2018, under the new CSP/CCS/Team Supervisor , Tanya Amos, the CCS Coordinating Committee started to meet regularly at Friendship Place. CCS stands for Comprehensive Community Services and the committee is composed of consumers and community members who provide feedback of county services and strive to make services easily accessible to those in need. Meeting at Friendship Place has allowed 6 of our members to sit on the Committee and they have each agreed to serve for at least (1) calendar year. They have really enjoyed this new focus and some of their responsibilities over the last year have included planning a summer picnic for all consumers, aiding in the completion of quality surveys and planning a holiday gathering!

#### Advanced Directive Planning

In May, Friendship Place partnered with the Winnebago County ADRC to bring "Advanced Directives Planning" to our members. This is often a sensitive topic to talk about with our loved ones and unfortunately, "just talking" about it isn't enough. There is a legal aspect to Advanced Directive Planning that requires paperwork to be completed correctly and then filed with the state in order for individuals' wishes to be carried out. The staff members from the ADRC came to Friendship Place for an information session during which they explained all of the choices available to our members and encouraged them to talk them over with their families. A few weeks later, the ADRC staff returned, and sat down with our members individually to complete the paperwork with them and file it with the state. Those members who participated reported "a sense of relief" that they now know things are taken care of in the event something were to happen.

#### Kindness Rock Project

The Kindness Rock Project has been something that our members have asked to participate in month after month this year! The purpose of the project is to spread kindness by hiding rocks painted with inspiring words, quotes, or fun pictures throughout the community. People then find the rocks, keep them for how long they're needed, and re-hide them for other people to find. We have always posed it to our members that you never really know what kind of a day someone is having and this echoed with many of them. Some of our members have even found kindness rocks on their tough days and have been able to reflect on that moment of happiness or smile that it brought to them. Some of our favorite spots to hide rocks have been along the newly completed Loop the Lake project and all around the Children's Hospital of Wisconsin- Neenah.





### Holiday Cards

One of our last volunteer experiences of this year was to make holiday cards and deliver them to the residents of Atrium Post-Acute Care of Neenah. Our members really enjoy this project because they are able to participate in some or all aspects of it. Some of our members really like crafting and actually composing the cards and others really look forward to visiting with the residents and delivering the cards. Not only does this allow our members to engage with other individuals in the community, but it also provides them an opportunity to pause and consider how it feels for them to bring a little happiness to other people.



### **Trout Museum of Art**

Friendship Place was honored to be featured at the Trout Museum of Art this summer, from July 11<sup>th</sup> until August 10<sup>th</sup>. Paintings from 10 of our artists were on display and 2 paintings were purchased! Congratulations to all that were chosen to participate and a special Thank You to Jeff Zdrale, our watercolor instructor, whose guidance and patience made this all possible!



#### THANK YOU! THANK YOU! THANK YOU!

Friendship Place would like to take the time to recognize those whose contributions have helped to make everything we do possible! We thank you for believing in our mission, our programming and the members we serve. You are directly impacting the lives of hundreds of individuals in your own community and without you, Friendship Place would not exist!

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Secura Insurance Companies (Charitable Giving Fund of the Community Foundation for the Fox Valley Region, Inc.) United Way Fox Cities JJ Keller Foundation Jeff Zdrale Kim Tassoul Kris Soper, Winnebago County UW Extension Fox Valley Technical College OTA students and instructors Julie Blohm Morton Pharmacy TechSoup 4 Imprint

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\*We are currently seeking additional board members with Human Resources, Legal, and Marketing expertise/background. Please contact Lori Hill at lori.friendshipplace@gmail.com if you are interested in being considered for a Board of Directors position!