



Friends of Friendship Place

WINTER 2021

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Finding a New Normal

Like the rest of the world, Friendship Place had high hopes of a healthier 2021. As we all know, the pandemic continues to be a part of our everyday lives. Members and staff practiced all CDC guidelines throughout the past year with healthy results. All members and staff were highly encouraged to get vaccinated. Mask policies were updated in June to allow fully vaccinated members to remove their masks. As the variants appear, masks are strongly encouraged to keep members and staff healthy and safe from Covid-19. Let's make 2022 a GREAT year!

Friendship Place is proud to have been able to keep our doors open throughout the past 20 months. Slowly, everyday we are trying to find our new normal. We are seeing our attendance numbers increase and start to get back to where they were pre-pandemic. With that, our programming is also changing. We are finding ways to offer our usual programming safely.

As 2021 progressed, Friendship Place brought back more and more activities. We welcomed in-person guest speakers, luncheons, crafts; and FINALLY, community outings again. The past 20 months have been hard but we are happy to say that in finding our new normal, it has allowed for a lot of FUN!



2021 Highlights by the Month

January

Wii Bowling

Soup of the Month

Fair Housing Presentation via Zoom

Rummy 500 Tournament

February

Volunteer Project: Make
Valentine's for teachers

Valentine's Luncheon

Open Discussions:

- "Keeping your Emotions In Check"
- "The Holidays are over, now what?"

BINGO

Walk for Fitness

March

Guest Speaker: CRISIS 101

St. Patrick's Day luncheon

Farkle Tournament

Shamrock Shakes



Library Outings

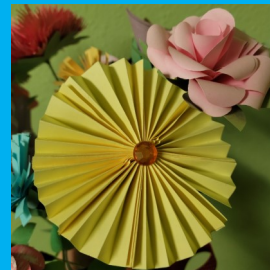
Weekly Group
Therapy with
our 2 MSE
Counseling
Interns

April

Weekly YMCA Outings

Weekly groups ran by
FVTC OTA Students

National Stress Awareness
Day Activity



Paper Flower Making
(Taught by FP member, Jeff)

May

Processing Changes
Discussion

Thinking Traps Activities



Spring Mystery
Quiz

Be Adventurous
Day!
(Bike Ride)

June

Kindness Rock Painting

Minute-to-Win-it Water Games

Build Your Own Sandwich Luncheon

Out to Lunch Concerts at Shattuck Park

Picnics in the Park

Therapy Dog
Visits
with Josie



July

Carnival



Valley Transit Info
Session

4th of July Picnic

Weekly Crafts



August

Playdough
Pictionary



\$5 Movie Outing

Weekly Crafts

Pollock Pool Day

Open Discussion: "Anxiety"



The Little Farmer



**Auto Class
(Taught by
FP Member,
Juke)**



Pawffee Shop Cat Café Outing

Water Balloon Games

Alaska Trip (Presented by FP Member, Jenn)

September

**Pudgy Pies @
O'Hausser Park**



String Art

October



**Art Class at Berg-
strom-Mahler
Museum of Glass**

Fall Craft

Pumpkin Spice Bunch

Name that tune

Paper Pumpkin Decorating Contest



Halloween Party

November

International Tongue Twister Day

Gratitude Week

Candy Quiz

**Let's Be
Thankful Meal**



Guest Speaker:

Financial Wellness Workshop

Craft: Make Christmas Ornaments



Nutrition Class With UW Extension





Holiday Crafts



Reindeer Games

December



YMCA

Essential Oils (Lead by FP member, Cathy S.)

Holiday Movie with popcorn

Holiday Luncheon with Games

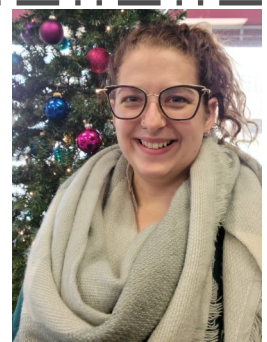
Frost Sugar Cookies



Bake Holiday Cookies

Meet Our New Staff

Hi! My name is Jenna and I am the Program Coordinator II at Friendship Place. I have a Bachelor's Degree in Psychology from Carthage College. I have been working in Health Care and Mental Health for 8 years within facilities and one-on-one care. It has been an amazing journey to get to Friendship Place and I am excited to see what the staff and members can teach me.



3 Easy Ways to DONATE to Friendship Place!

- 1. AmazonSmile:** when you choose Friendship Place, Amazon will make a donation with every purchase.
- 2. Donate online:** Go to www.friendshipplaceinc.com, select the DONATE tab, and make a donation through PayPal.
- 3. Send a check made out to Friendship Place:** you can choose to support our programs or our Endowment Fund.

THANK YOU! THANK YOU! THANK YOU!

Friendship Place would like to take the time to recognize those whose contributions have helped to make everything we do possible! We thank you for believing in our mission, our programming and the members we serve. You are directly impacting the lives of hundreds of individuals in your own community and without you, Friendship Place would not exist!

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Please consider donating to our Endowment Fund!



FSHP: Friendship Place Endowment Fund

Friendship Place

220 N Commercial St, Neenah, WI 54956
Phone (920) 729 - 9975
www.friendshipplaceinc.com

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